

## N465 PHOTOVOICE ASSIGNMENT

(Adapted from: Cook, K.L. (2014). Using photo voice to connect college students to community science. *Journal of College Science Teaching*, 43 (6), pp.28-33)

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Name: Maleah Gusman

### Points: 100

**Purpose:** In this photovoice activity the student will use an art form to discern and discuss issues related to Population Health using the art and science of nursing.

### Process:

1. Choosing one of the suggested art forms (a photograph or picture, a piece of art, a drawing, a book, poetry or song, movie, etc.) to illustrate a population health issue you consider important. Embed your chosen art form into the space provided below. You will be asked to discuss your art and narrative so choose something that you are comfortable sharing and talking about.
  
2. In a 1 to 2-page, single-spaced, narrative essay address each of the following prompts or questions:
  - a. Describe what you are seeing and what is happening in the art form selected.
  - b. Describe how the art form gives meaning to **one** of the objectives from this course:
    1. Integrate teaching/learning **theories** as they pertain to the plan of care of the target community population and the individuals.
    2. Examine the influences of health care policy, financing, and legislation on world health, community and public health, and community nursing practice.
    3. Collaborate with a variety of community and public health partners.
    4. Apply initiatives developed at the national and global level in influence health in populations and individuals.
    5. Utilize evidenced-based care in developing the plan of care for the target community populations.
    6. Analyze nursing roles in the community with both population and individuals as they have evolved through history including the emphasis on primary, secondary and tertiary prevention.

\*You may also look to the Clinical Learning Objectives if you are struggling with identifying an objective.

- c. Examine why this issue is interesting or important using epidemiological data to support rationale.
- d. Describe the population who might be most affected by this issue.
- e. Discuss the setting(s) (rural, urban, suburban, schools, clinics, etc.) where you see this issue occurring.
- f. Provide a potential research question (PICOT) or CH diagnosis to explore the issue.
- g. Discuss what the future might hold for this issue and what actions need to be taken to address this issue.
- h. Explain how UMKC SON Baccalaureate Program prepared you to address this issue.
- i. Demonstrate the importance of knowing about this issue for **new nursing students** and **current nurses in practice** about the impact of this issue for their future and current practice.

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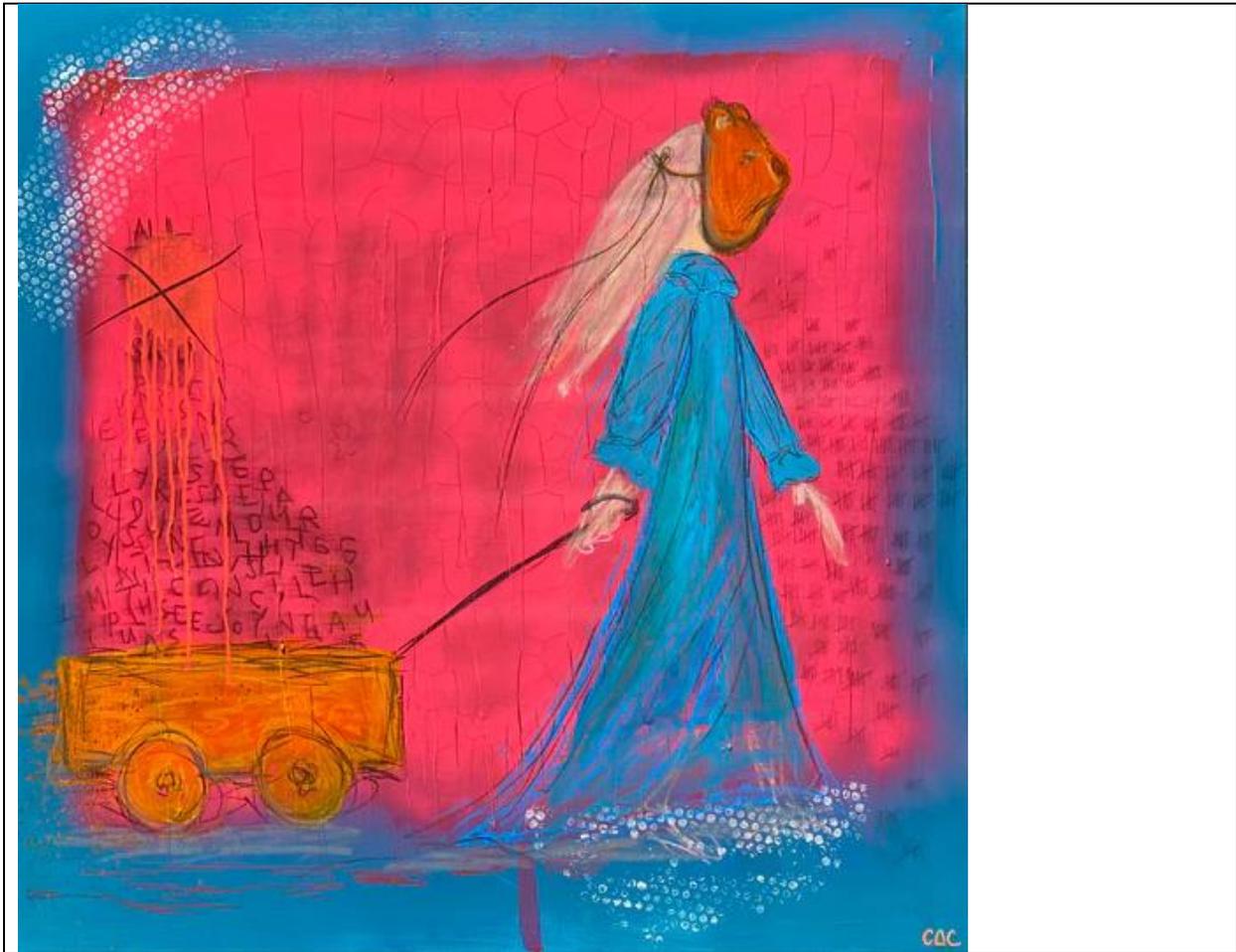
3. The narrative will be written at a collegiate level using APA standards, correct spelling, grammar and sentence structure.
4. Provide at least three references, using text, journals or web sites, as supporting evidence. Citation/references should be based on APA formatting.
5. Each student will participate in the classroom discussion of the narratives, looking for areas of overlap, novel ideas and the emergence of common themes.

Embedded Image and/or Selected Art Form in the space below.

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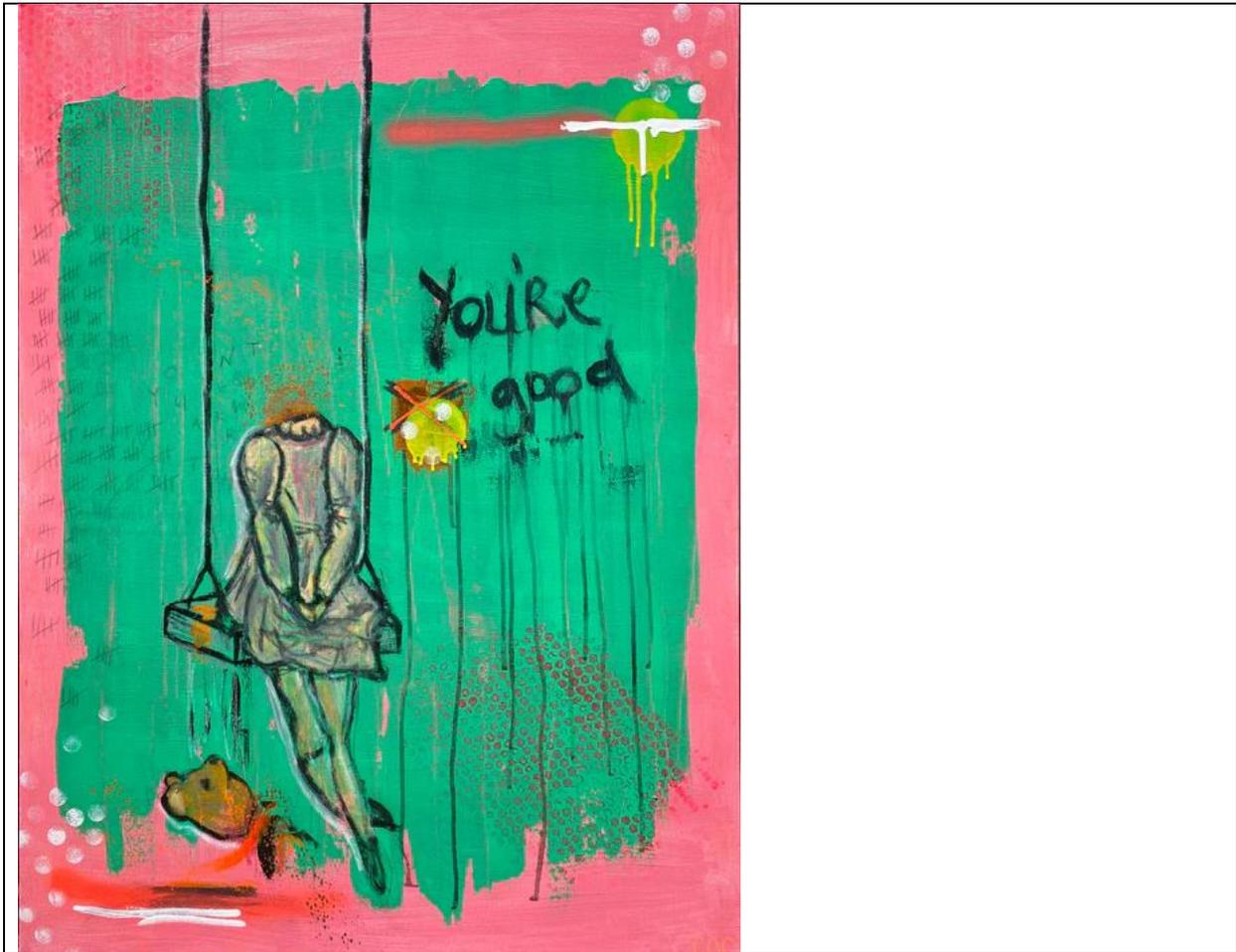
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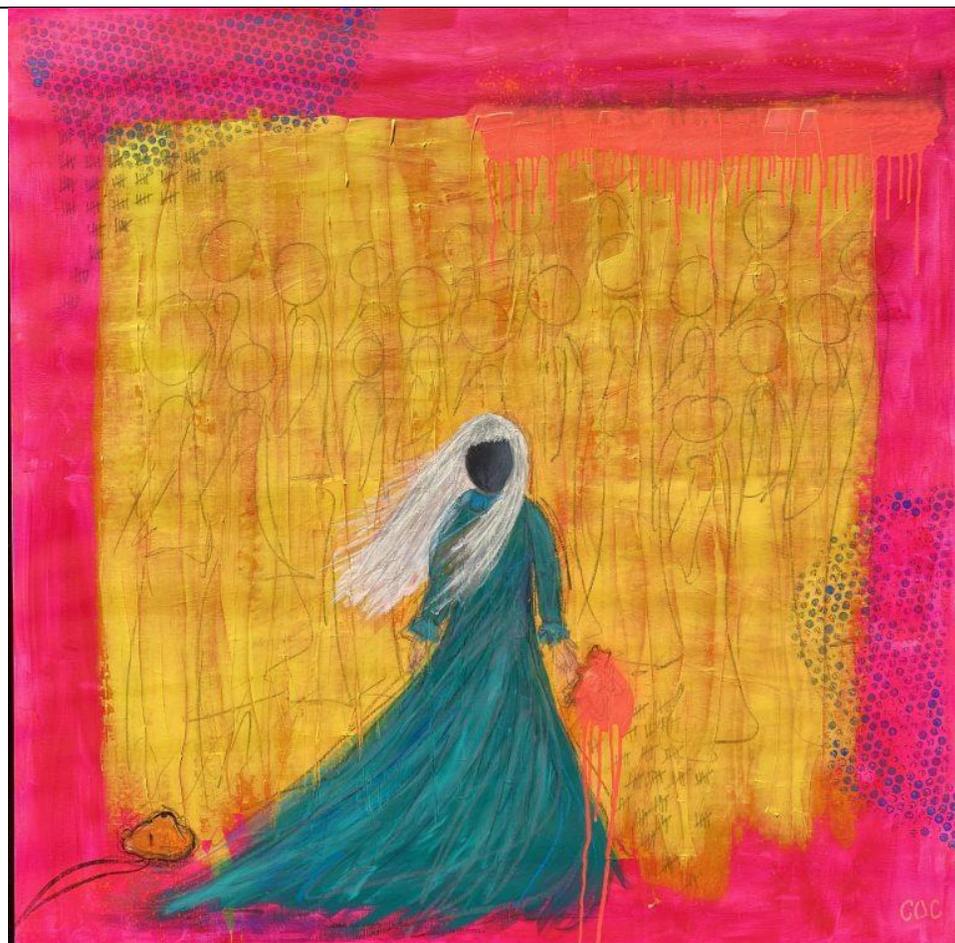
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Use the space below to write the 1 to 2-page, single-spaced narrative essay. Address each of the questions listed above in the essay.

The paintings I chose we created by Claire Cassey who is from Sydney, Australia. She is an emerging artist who decided to start painting as a form of therapy to cope and express her emotions from her past. Claire states in a blog “Art to me is my form of meditation, a place where I can escape from the noise of the outside world, a place that makes me happy and let’s me experience the world in the expression of colour” (Cassey, 2023). The three images that I chose to talk about portray her experiences of when she had gone through physical and emotional abuse done by her father starting from the beginning at the first six years of her life. When she had gone into adulthood, she had fallen into an unhealthy relationship who had become abusive towards her, and she had gone through the trauma for three years. The first images show a girl with a mask on that hides herself and she is pulling a wagon that depicts the number of abuses that occurred. The second image shows color around the girl, but black and grey within the girl reflecting the depression and sadness that a person can experience even though the life around her is colorful and exciting. The third photo shows the women standing in a mist of crowd taking off her mask which seems to have represented her childhood and trying to not hide anymore and become seen. Claire encourages people to

express their emotions and uses art as a form of therapy to help them heal and express their own emotions.

An objective that I see that best fits the form of art chosen would be “collaborate with a variety of community and public health partners.” The effects of abusive on mental health can vary in the aspect of severity. Many victims of childhood abuse are not able to live life to the fullest in their adulthood because of the negative impact they had when they were a child. The way this art form gives meaning to the objective is because it is important to seek help and collaborate with others to help heal a person's trauma, so they are able to live a life they enjoy and become the person they want to be. For example, reaching out to others in the community that have experienced the same type of trauma, or having a medical team communicate amongst each other to give the most beneficial plan of care tailored to the person.

“A report of child abuse is made every 10 seconds” (American Society for the Positive Care of Children). This fact is interesting to take into consideration because people truly do not understand the amount of child abuse that is occurring within the United States and the impact that this has on the children and those who cross paths with those children. and those who were abused and neglected as children later in life continue the cycle of violence which is about 30% of the group (U.S. Department of Health and Human Services). “A person is abused in the United States every 9 seconds” (Bureau of Justice Statistics).

Children younger than 4 years of age and children with special needs have an increased risk of becoming a victim of abuse. Those who are most likely to do the abusing are may have drug or alcohol issues, mental health issues, who were previously abused, low education, high levels of stress, not the biological parent, and those who justify violence or aggression (CDC, 2023).

Parents of lower socioeconomic status have a higher level of stress compared to other socioeconomic statuses and they are more likely to have been abused as children compared to other statuses.

A community health diagnosis that would be related to this topic could be as followed: Increasing risk for a continuing cycle of abuse among adults who were abused in the past as children related to untreated aggression and inadequate resources to help as evidence by the recurrent cycle of falling into abuse as demonstrated by Claire Cassey.

The actions that can be taken to help with the issue of abuse that occurs throughout the world would provide resources in the community for those who are being abused, doing the abuse, or have been abused. Thus, providing education and providing gateways to the proper channels to end the cycle of abuse.

I believe the UMKC Nursing program has prepared me to address this issue through taking Community Health understand how to properly assess a community and obtain the proper needs for the community, and Mental Health in Nursing because this broaden our knowledge of the mental health disorders in today's world and how to properly identify and treat these patients.

Nurses new and current should be able to recognize the signs of abuse and those who are doing the abuse to help those in need and to break the cycle of abuse. Child and Adults are being abused too often and the rates of abuse should be lower.

#### References

Art as therapy: painting the trauma of domestic violence (2021) *lip magazine*.  
<https://lipmag.com/arts/art-arts/art-as-therapy-painting-the-trauma-of-domestic-violence/>  
Statistics. *National Domestic Violence Hotline*. <https://ncadv.org/STATISTICS>

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Statistics underscore the prevalence of violence in our communities. It is urgent that we stand up against domestic violence, sexual violence, human trafficking and child abuse: (2023). *The Center for Family Justice*. <https://centerforfamilyjustice.org/community-education/statistics/>

Martins, C et al., (2023). Parental stress and risk of child abuse: The role of socioeconomic status. *Science Direct*.  
<https://www.sciencedirect.com/science/article/pii/S0190740923000749#:~:text=Although%20the%20literature%20demonstrates%20that,Webster%2DStratton%2C%202010>).

Violence Prevention. *Center for Disease Control and Prevention*.  
<https://www.cdc.gov/violenceprevention/childabuseandneglect/riskprotectivefactors.html>

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